

# The Minor Injuries Unit St Mark's Hospital Maidenhead



Open Monday to Friday from 9am to 5pm

Staffed by highly trained Advanced Nurse Practitioners

Efficient, friendly, local service

## Information about the Minor Injuries Unit St Marks

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#### **Legal Notice**

Please remember that this leaflet is intended as general information only. We aim to make the information as up to date and accurate as possible, but please be warned that it is always subject to change. Please therefore always check specific advice on any concerns you may have with your doctor.

**Wexham Park Hospital** 

Wexham Street

Berkshire SL2 4HL

Tel 01753 633000

Fax 01753 634848

Slough

#### **Heatherwood Hospital**

London Road Ascot Berkshire SL5 8AA Tel 01344 623333 Fax 01344 874340

## St. Mark's Hospital

St. Mark's Road Maidenhead Berkshire SL6 6DU Tel 01628 632012



## We are here to treat or advise on the following:

- Bites, stings and minor allergic reactions
- · Injuries to hands and feet
- Cuts and bruises, lacerations
- Dislocated fingers and toes
- Eye problems
- Foreign bodies in soft tissue, noses, ears
- Fractures arms and legs
- Minor burns
- Nosebleeds
- Soft tissues/sports injuries
- Strains and sprains
- Dog bites
- Minor backpain

#### X-ray services

We offer a limited x-ray service as follows: collar-bone, shoulder, upper arm, elbow, forearm wrist, hand, fingers, toes and lower leg.

However we cannot provide an X-ray service for children under two years

We can also see and treat children under five but we are unable to provide antibiotics for them.

Some injuries or conditions may require referral to other services\*. This can be arranged by the Minor Injuries Unit.

If in doubt about whether to use the Minor Injuries Unit, please call us on **01753 638500** for advice and guidance, between 9am and 5pm.

Ongoing illness or problems will require a medical opinion, therefore you are advised to contact your GP in the first instance.

#### Alternative NHS support in this area:

#### **Accident and Emergency**

If you suffer a serious injury or become very ill, a 999 ambulance should be called.

The local hospital's with Accident & Emergency Departments are:

 Wexham Park, Slough
 - 01753 633000

 Frimley Park, Camberley
 - 01276 604604

 Royal Berkshire, Reading
 - 0118 9875111

 St Peter's, Chertsey
 - 01932 872000

 Wycombe General
 - 01494 526161

#### **NHS Direct**

24 hour confidential nurse advice and information service, to help you make the right choice to meet your needs. Tel: 0845 4647 or contact the website at www.nhsdirect.nhs.uk

#### **GPs - out of hours**

If you need help from a doctor in the evening or at the weekend, call your own surgery on the usual number and listen to the recorded message

## **NHS Walk-in Centres at Upton Hospital, Slough**

The NHS Walk-in Centre at Upton Hospital, Albert Street Slough is open everyday for advice, information, treatment of minor injuries (such as strains and sprains) and illnesses (such as coughs, colds and flu like symptoms). No appointment is needed.

# **Opening hours:**

Monday to Friday 7am - 10pm Saturday and Sunday 9am - 10pm Tel 01753 634404

### **Dental emergencies**

If you need urgent (not emergency) dental care, call your own dentist first - most NHS dentists are part of an out-of-hours emergency scheme for registered patients. Urgent treatment for unregistered patients is provided at the Dental Access Centre, Upton Hospital, Slough. Please call before visiting to check the opening times on 01753 635505.

<sup>\*</sup>Specialist or your GP